

WANT TO MAKE A PLAN TO **DO MORE** AND **STRESS LESS?**



MONDAYS AT 2:30

GOOGLE MEET CODE: '**MONDAY HELP**'

Come to our Monday Help Group “**Do More and Stress Less: How to Manage Your Time and Improve Your Grades.**” If you've been feeling overwhelmed with distance learning and would like some help with making a plan, please attend this online meeting on Mondays from 2:30-3:00 PM. We'll go over strategies for understanding your grade, making a weekly schedule, and getting caught up in your classes. Both parents and students are invited to attend.